

Dear Child Care Center Parents,

The Child Care Center provides care for children from 6 weeks through 11 years of age. You as parents can help us maintain a safe and healthy environment by adhering to the following policies.

- Only your children or grandchildren are eligible to use the Child Care Center.
- Children must be logged into the sign-in-sheet by their parent or grandparent upon entering the Child Care Center. Please include their name, age and time. We also ask that you notify the staff if someone other than yourself is authorized to remove your child from the Child Care Center.
- The Child Care Center asks that you make a reservation for your child/children when you are working out. You may do this by calling ahead or signing up ahead while you are here. In the event that we have too many children, we may ask that you choose another time.
- Children must remain in the nursery until parents are ready to leave the Sports Center. They may not be taken downstairs into the workout areas or locker rooms. There are restroom facilities in the Child Care Center for your children to use.
- Children may not be in the nursery or in the lobby area unsupervised when the Child Care Center is closed.
- Please do not bring children to the Sports Center when they are sick (feverish, colds with a runny nose, or any other infection). The Sports Center has the right to refuse to watch a child they feel is too sick to participate with other children.
- Please inform the staff if your child has a food allergy or any other health concern that could affect their well being during their visit.
- Parents are welcome to bring a snack for their child to eat while they are in the Child Care Center. Please avoid bringing nuts, popcorn, sunflower seeds, balloons, money, chewing gum and other small objects that could be a choking hazard.
- Nursery attendants are not responsible for toys or electronic devices brought into the Child Care Center.
- Please have your child/children changed and fed prior to their arrival in the Child Care Center.
- All cups, containers, bottles, and diaper bags must be labeled with your child's name.
- An information form must be completed and signed prior to your child's first visit to the Child Care Center.

Your cooperation is very much appreciated and we look forward to caring for your child/children.